



ANDALUZ VERNACULAR: A more Andalusian scene could not be found anywhere else in Andalucía. Next to new restaurant La Tapa, while other snapshots from Marbella old town



Magical



Pictures by Jon Clarke

Despite the recent tabloid overkill, the glitziest resort on the Costa del Sol is still pulling crowds and sitting pretty for another record-breaking summer, writes Alex Brown

BEFORE I ever set foot in Marbella I pictured a 'tinsel town' in the Med populated by reality TV stars, distinguished by ostentatious displays of wealth and tarnished by a nightlife akin to the worst excesses of university days. I quickly realised that my understanding was as shallow as some of the tabloid stories I'd read. Look past the sensational headlines and you'll find a historic town as asset-rich as some of its visitors. I knew Marbella was popular - but before speaking to Miguel Luna Rodriguez, the city's tourism chief, I had no idea quite how popular. "We had more visitors than we've had in history last year and this year could be even better," he told me. "This month, hotels are 90% full, next month it will be 95%, and for many days it will be 100%."



That's pretty good going and particularly given the resort has more five star hotels than the rest of the Costa del Sol combined. Tourists come from the whole of Europe for the town's upmarket shopping, fabulous golf courses, stunning beaches...and fundamentally the temperature, all made bearable by the breeze from the nearby mountains. In its famous port, these hordes of visitors are easy to find. Puerto Banus is a place where worlds collide. On one hand, there are the 20-some-things covered in tribal tattoos careering from club to club, and stags and hens in ludicrous get-ups making the most of the Marbella movida. Step back a little though, and you'll also find the ultra-wealthy one percent parking their Porsches and mega-yachts to indulge in

Continues on page 19



DIGITAL SYSTEM 3.0
CROOKE & LAGUNA


RELIABILITY | COMFORT | PRECISION

MÁLAGA (+34) 952 229 192

(+34) 951 500 100 MARBELLA

NOW FREE
DIGITAL DIAGNOSIS 3.0

MORE INFO

 **(+34) 622 288 369**



Linea Invest

Inmobiliaria Real Estate НЕДВИЖИМОСТЬ



tel: +34 952 828 129
mob: +34 649 522 384

info@lineainvest.com www.lineainvest.com

List your property with us – Sales and Rentals

231.000€ - Ref: 02050



APARTMENT, PUERTO BANUS, MARBELLA

Total Build	84 m2	Bedrooms	2
Orientation	East	Bathrooms	2

Magnificent apartment benefits from fully equipped kitchens, washer/dryer, refrigerator, oven, stove, A/C hot and cold, double glazed windows all with shutters, lined closets, video, armoured door security, double elevator, private garage and parking. Spacious common areas with several pools, 6 paddle tennis courts, children's playground and security entrance with parking for guests.

1.800.000€ - Ref: 01978



PENTHOUSE, LA TRINIDAD, MARBELLA

Total Build	196 m2	Bedrooms	3
Floor	3	Bathrooms	3

Beautiful Duplex Penthouse situated in gated residential community conveniently located on the Golden Mile close to all amenities and beach. Magnificent views over the grounds and the sea. One of the most secure and quiet complexes within Marbella. Includes spacious lounge and dining room, guest toilet, nice size kitchen, large utility room. Three bedrooms all with en-suite bathrooms.

235.000€ REDUCED FOR QUICK SALE - Ref: 02004



PENTHOUSE, TOSCANA HILLS, MARBELLA

Total Build	156 m2	Bedrooms	2
Orientation	South East	Bathrooms	2

A beautiful penthouse of 156m2, located in Los Flamingos Golf, Benahavis. Comes unfurnished, includes lounge, kitchen, 2 bedrooms and 2 bathrooms. Hot and cold air conditioning throughout, communal pool, gardens and 24-hour reception. The property is located next to the best beaches and golf surrounded by shopping centres, boutiques, restaurants and entertainment. Good investment.

3.700.000€ - Ref: 02098



VILLA, LOS FLAMINGOS GOLF, ESTEPONA

Plot	2270 m2	Bedrooms	5
Orientation	South	Bathrooms	6

This beautiful residence situated on a cul-de-sac frontline of the exclusive Los Flamingos Golf. Enjoys lots of outdoor space and stunning views. This luxurious property has a built area of 816m2, with an exquisite use of space, light and air. All rooms have splendid floor-to-ceiling glass sliders. Bedrooms and en-suite bathrooms are in a separate area so that the house can operate with its day area.

FAME AND ROMANS



From Page 17



DIVERSITY: From hens in Banus, to a yoga class on Marbella town beach



REGULAR: Hugh Grant having dinner

waterfront dining and designer shopping.

This is the part of 'Marbs', as it has come to be known among a certain crowd, that never sleeps, it's voice speaks loudest when people imagine Marbella.

These are the TOWIE stars and ex-footballers and a Who's Who of the almost-famous, the B and C-list, if you like.

However, they are not to be sniffed at... When the celebrated Essex soap opera TOWIE staged a two-episode special in Marbella in 2015, internet hotel bookings rocketed by 72%.

But this is anything but the best of Marbella...

Scratch the surface and you'll find a Roman settlement drenched in history, epitomised by its enchanting old town.

This ancient walled town retains nearly all of its original 16th century layout, even though *chichi* art galleries, fab tapas bars and artisan fashion and ice cream shops populate its cobbled streets today.

Whether you are thirsting for history or only a drink, Orange Square, named for its abundance of orange trees, will oblige in either case.

Enclosed by an 11th century Arab wall, the showpiece of the square is the 16th century Old Governor's House, which dates back to the 16th century. A tourist hotspot, the square's bars and restaurants charge a little more but it's worth it for the ambience.



VISITOR: Michelle Obama

When the heat gets too much, respite can be found within the cool stone walls of Our Lady of the Incarnation church, a 17th century former mosque that was taken over by the Christians during the Reconquest.

Inside, along with beautiful paintings and locals praying, you'll enjoy the highly-efficient air conditioning.

Tributes paid, you can find Marbella monuments even older than this, dating from 1AD. The first Roman bridge can still be found beside the Puente Romano hotel and the baths still stand in Guadalmina.

When you tire of burning shoe leather, jump into a horse and carriage for a town tour or bag a park bench in the green shade of one of its exquisite public gardens. La Constitucion park and the Alameda Gardens are particularly lovely, the latter always brimming with locals and surrounded by great cafes and bars.

From here, you can walk down to the beach through Avenida del Mar, resplendent with five statues by iconic Spanish artist Salvador Dali who was a regular visitor. (Don't miss the Cudeca charity shop on the left, halfway down, for second-hand designer labels!)

This beauty is the unsung hero of Marbella, a city brimming with more natural wonders than its tabloid image suggests. There is tropical greenery everywhere and its beaches are some of the best in Andalucia.

Boasting 27 kilometres of coastline, San Pedro and Puerto Banus both proudly fly the prestigious Blue Flag, an award given to the best beaches by the Foundation for Environmental Education.

This garden of Eden has also blossomed into a gourmet paradise. Marbella glitters with the highest concentration of Michelin

Star restaurants in Andalucia, proud of its title as the gastronomy capital of the Costa del Sol. The cultural scene is also thriving, with the Marbella International Arts Festival now a regular fixture on the calendar, and the Marbella International film festival growing at an unprecedented pace.

Along with the annual feria in June and the Starlite music festival held at Marbella's amazing Nagueles quarry auditorium over a month in summer, Marbella is never boring.

The resort has continued to grow, despite the 2008 crash that brought Spain to its knees. In part, this due to the current town hall which is working hard to do away with the corruption that plagued the city for years.

With incredible nightlife, a blossoming arts scene, and the best food in the region, the party is only getting better in Marbella..



A SAFE LEGAL APPROACH
TO A BEAUTIFUL COUNTRY

The
**LEGAL
500**

www.lawbird.com

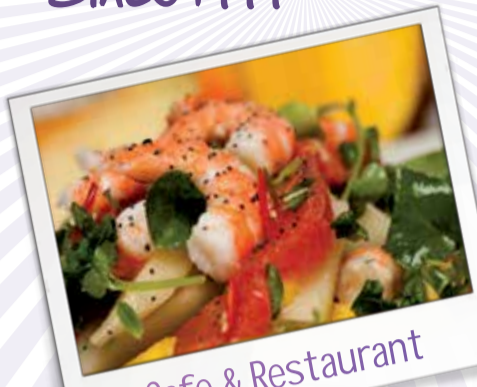
lawbird
Legal Services

Independent and Reliable

MARBELLA OFFICE
Edificio Alfil, Floor 4 | Ricardo Soriano 19 - 4 | 29601 Marbella | +34 952 861890 +34 952 861695

Passion Cafe

Since 1999



Cafe & Restaurant



Open 7 days a week



Home Bake Section

BREAKFAST, LUNCH AND DINNER
Opening hours: 09.00 - 23.00
every day

952 781 583

Centro Comercial La Colonia, San Pedro de Alcántara, Marbella.
info@passioncafe.eu | www.passioncafe.eu

Marbella's sibling San Pedro is sporting a sassy new identity that is as distinct from her glitzy sibling as Hove is from Brighton, writes Laurence Dollimore

Big sister

WHERE snarled lines of traffic once backed up along the coast road, a striking urban boulevard sprouting trendy pavement cafes has reclaimed the once maligned San Pedro de Alcántara.

With a skating rink, a skate park and a hat trick of new children's play parks, the seaside town is unrecognisable from a few years back. The town's head-turning new footbridge with its serpentine coils, is doing for San Pedro what the Golden Gate did for San Francisco. Just 10km west of Marbella, 'San Peds' has been reborn over the last decade.

But some things have never changed in the 15 years I have been visiting the town.

The evenings still see veteran San Pedranos gather on shaded benches around St Peter's statue, outside the parish church; the traditional Saturday market remains a weekly highlight; and you can bet your bottom centimo the pavement cafes and ice cream parlours are heaving on Sunday nights. What has kept San Pedro special has been its ability to hang on to its Spanish persona in the face of massive investment from Marbella Town Hall - nearly €100 million.

The new central boulevard, crowned by its snaking pedestrian bridge, has turned the town from an also-ran suburb into a spanking new social hub where whole families come to skate on the all-weather artificial ice rink and



LOCATION: Seaside walking

enjoy the regular food truck festivals. Office workers make a beeline for its congenial cocktail bars on Friday nights. Other welcome upgrades include the €85 million tunnel diverting dangerous high-speed traffic below the town centre, and a much-needed underground car park. New investment is also seeing the centre of town part-pedestrianised. "San Pedro really does have it all," says Sean Woolley, 47, CEO of Cloud Nine Properties, who has run his company from town for 15 years.



Specialist Clinic for Dental Implantology and Advanced Oral Rehabilitation



SOHEIL S. MARK SAM MARK
MASTER DEGREE IN
IMPLANTOLOGY AND
ORAL REHABILITATION

www.markdentalclinic.com / www.theimplantclinic.com

C.C Cristamar
952 810 408
PUERTO BANUS

C.C Costasol
951 272 267
Estepona

Calle Burgos 3
952 917 164
FUENGIROLA





ANGULAR: The rolling curves of the bridge over San Pedro boulevard and (right) its church

"The new boulevard and urban park have become a magnet for new restaurants and bars and it has created a place that now offers something for everyone," he says proudly. "There is this charm and tradition of a typical Spanish town fused with trendy and cosmopolitan additions, from organic cafes to lively wine bars. When you couple this with its sandy beaches and fabulous promenade, San Pedro is pretty much perfect."

Beneath the glitzy exterior, San Pedranos are as friendly and unassuming as they were in their 19th century farming days.

And if anything is a reminder of those rustic origins, it's San Pedro's resident pig! On any given Sunday this sociable creature and town mascot can be seen strolling around its new neighbourhood, uttering contented grunts of approval.

Central to its evolution has been its bustling beach promenade that links seamlessly to Banus and Marbella, putting the town on the map for cyclists, joggers and walkers.

Its beaches fly the prestigious blue flag, the worldwide standard of excellence, while chic chiringuitos like Macao and Guayaba are hotspots for the cool and hip.

The once-barren wasteland between the boulevard and the ocean now sports shops, restaurants, residential communities and world class amenities like Nueva Alcantara paddle and tennis club, which hosts regular international tournaments.

"I adore it here, you feel like you are in the



real Spain," raves 39-year-old San Pedro newcomer Debbie Lush. "You are so close to Marbella and Estepona but without the madness and business of Puerto Banus, it's perfect. "You can walk to the beach, cycle to Marbella and there are so many good places to eat, you have everything on your doorstep," she adds. Like most locals, these days, she's proud to tell anyone who asks that, no, she's not Marbelli - she's 'Sanpedreño, actually'.

TU NUEVA REVISTA DE OCIO EN LA COSTA DEL SOL

THE MOST ABSOLUT MAGAZINE ON THE COAST

WWW.ABSOLUTMAGAZINE.ES

Open every day from 13.00-23.00

Mr. GOURMET BURGER

GREAT BURGERS | GREAT SALADS | COLD BEER

Call for take away tel. 952 785 257

Avda. Luis Braille 20, San Pedro
www.gourmetburger.com



STAR TOWN

JUST a stone's throw away from Marbella's Golden Mile sits the luxurious urbanisation of Guadalmina.

It's just five minutes from Puerto Banus and ten minutes from Marbella, while the charming old pueblo of San Pedro is a short walk away.

The development may have a tranquil exterior but don't be fooled, it can still pack quite the

punch. When you're done sunning by the pool, try a round of golf at its sprawling 18-hole course, or get your kicks down at its famous cable ski - where thrillseekers are thrust around a scenic lake on a pair of skis or wakeboard.

The quality of its restaurants has also sky-rocketed over the last ten years. Boasting almost 20, the variety ranges from the unrivalled Argentinian steak house La Rosa to the longest-standing spot for a traditional English breakfast, Tricky Ricky's.

Pop over the road from the restaurant front and you'll find Guadalmina Baja, home to huge villas which wouldn't look out of place in Beverly Hills.

If you're there at the right time, you might even spot a celeb - ex-Spanish Prime Minister Jose Aznar is often seen jogging with his four brooding bodyguards, while the Princess of Monaco is also rumoured to live close by.

The food is exquisite, the scenery is stunning and everything you need is right on your doorstep.



FAMOUS FACES: Spotted in Guadalmina

V.I.P. - Cars



JAGUAR XKR CONVERTIBLE 5.0 V8
LIKE NEW, FULL OPTIONS! YEAR: 2010
42.000KM **PRICE: 47.999€**



ABARTH 595 1.4T-JET
FULLY EQUIPPED, 145 AUTOM.
BRAND NEW!! 0KM **PRICE: 26.999€**



LAND ROVER RANGE ROVER SPORT
SUPERCHARGED 510HP, FULLY EQUIPPED,
YEAR: 2010, 125.000KM **PRICE: 31.999€**



MERCEDES BENZ S350L BLUE EFFICIENCY
PERFECT CONDITION, FULL EQUIPPED, YEAR: 2010,
118.000KM **PRICE: 36.999€**



MERCEDES BENZ SL63 AMG
IMMACULATE CONDITION! YEAR: 2014,
23.000KM **NEW PRICE: 119.999€**



MERCEDES BENZ S500 COUPE 4MATIC
FULLY EQUIPPED, YEAR: 2014,
6.700KM **PRICE: 144.999€**



AUDI A5 3.0TDI QUATTRO "S LINE" CABRIO
FULL OPTIONS, PERFECT CONDITION!
YEAR: 2012, 51.000KM **PRICE: 36.999€**



FERRARI 458 ITALIA
FULL OPTIONS, CERAMIC BRAKES
YEAR: 2012, 7.000 KM **PRICE: 184.999€**



LAMBORGHINI GALLARDO SPYDER
VERY NICE!! PERFECT CONDITION, YEAR: 2012,
520HP E-GEAR, 18.000KM **PRICE: 109.999€**

We speak English

Hablamos español

Мы говорим по-русски



+34 952 86 70 68 | info@vip-marbella.com | C/ Juan de la Cierva nº2 Marbella

WHETHER it was Diana Dors or Sean Connery, Ava Gardner or Audrey Hepburn, James Hunt or Rod Stewart, none would have come to Marbella without the influence of Prince Alfonso de Hohenlohe. For the German aristocrat was the svengali with the necessary capital to turn the dusty village into a *high-falutin* millionaires' playground to rival the likes of Cannes and Deauville, in France.

It was in 1947 that the charismatic playboy had been sent to the coast by his father Prince Maximilian to purchase some land. The family already had business interests in southern Spain, particularly in Malaga.

The 23-year-old was told to hook up with his eccentric uncle Ricardo Soriano, who had been eulogising about the merits of the coast for a number of years.

A huge fan of watersports, Soriano especially liked powerboat racing and lived an enviable bohemian life. He was soon chaperoning his nephew up and down the coast in his vintage Rolls-Royce looking for land. The bilingual Alonso - who was a keen painter - was immediately taken by what he saw in Marbella.

Sheltered by the dramatic Sierra Blanca and with crystal-clear waters just a stone's throw away, the savvy prince immediately saw a wealth of opportunities.

He ordered his father to sell off his wine cellars in Malaga and began developing his now seminal Marbella Club hotel, which opened in 1954.

But that was not enough and the well-connected prince soon embarked on a European-wide campaign to convince all his high-flying friends that Marbella, not San Sebastian or Cannes, was the only place to be.

Place to be

And his campaign worked with the grand families of central Europe, including the Bismarcks, Rothschilds and Metternichs, coming to see what the fuss was about.

A string of celebrities followed suit, with actresses including Elizabeth Taylor and Sophia Loren, photographer Patrick Lichfield, footballer George Best, model Brigitte Bardot, and Rolling Stone Bryan Jones joining the in-crowd.

Even British aristocracy got in on the act, with the Duke and Duchess of Windsor (Edward and Mrs Simpson) visiting the hotel.

"The people I met in Hollywood, in New York, and in Europe, they were the roots, the bridge that brought people to Marbella... who made Marbella," explained Alfonso.

Marbella took pride in being cut off from the hectic, stressful and often scary modern world.

Indeed, news of the Cuban Missile Crisis did not reach the resort until it was over.

"Everybody had the most gorgeous parties when the rest of the world was trembling that World War III was starting," explains Count Rudi Schonburg, a former manager of Marbella Club.

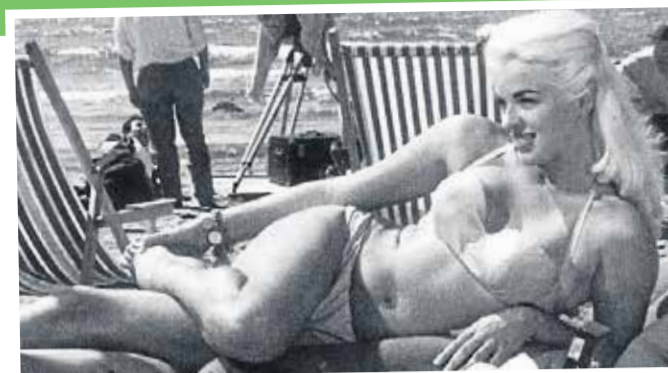
Coining the nickname the 'King of Clubs', Alfonso's reputation quickly preceded himself and he soon opened up a disco which got the club swinging every Tuesday and Friday nights.

Despite revelling in its exclusive status, the Marbella Club was anything but formal.

"At dinner everybody arrived with a dinner jacket, but I said 'Stop! This is not the Marbella way! You only



Stardust memories



The Olive Press looks back at the lives of the aristocrats and celebrities that turned a small fishing village into a glitzy, star-studded resort for the 'jet set'



FILLING HIS BOOTS: Sean Connery and Jackie Lane

wear a dinner jacket on New Year's Eve," recalled Alfonso.

As the inspired prince's creation boomed, so did Marbella and its surrounding hillsides. New restaurants, bars and sports clubs began sprouting up as the Costa del Sol quickly entered its so-called golden



STARS: Sinatra and Ava Gardner flew in

era. Developers included Jose Banus, who built Puerto Banus marina and King Fahd of Saudi Arabia, who built a white palace (still there today) that is modelled on both the White House and a mosque. The likes of multi-millionaire arms

dealer Adnan Khashoggi (who formerly owned La Zagaleta, Spain's most expensive urbanisation) were able to dock their luxury yachts in the port.

"Thanks to my initiative, Marbella's Golden Mile alone now provides 60,000 jobs," Alfonso once said.

While his friends called him the 'King of Clubs' or the 'Little Prince', locals came to know him affectionately as Ole-Ole, because of his difficult to pronounce surname.

Yet as the Costa del Sol dream began to spiral into uncontrollable development, Alfonso became aware of the monster he had helped stir. Concrete towers were sprouting up as far as the eye could see, from Malaga all the way down to Estepona, almost 100 kilometres away. Worse still, wanted British criminals began to take advantage of a lack of an extradition treaty between England and Spain.

This influx of crooks and subsequent crime left the idealistic Alfonso disillusioned with the vision of rich grandeur he once envisaged for Marbella.

After growing weary of the mass

tourism that was lowering the tone of his town, he sold up all his Marbella business interests in 1978 in search of a new vision.

Entering his 60s, the prince settled in his last home with his third wife Marilys Haynes, a Gibraltar divorcee. He plumped for a mountain retreat, in the hills close to Ronda, with a trout lake, partridge wood and an impressive library.

And the ever-inventive Alfonso decided on another successful business pursuit - producing the soon-to-be award-winning wine Principe Alfonso. And it was nestled in the heartland of Andalucia, close to the sleepy village of Arriate, where Alfonso finally found true happiness before passing away, leaving his estate to his children, in 2003.

"I have lived in castles, in Venetian palaces and the world's finest hotels. I have watched the sun rise over the beaches of five continents and I have looked into the eyes of the most beautiful women of the universe," he famously remarked.

"Everywhere I sought my dreamed-of city and at last I have found it in Ronda."



ON THE BALL: George Best spent time in Marbella

BUILT BY ROMANS...

MARBELLA began its life as a town in the seventh century BC, when it was a Roman settlement called 'Salduba'.

This is also the name of a well known bar at the entrance to Puerto Banus that has been there for centuries too. Meanwhile an original Roman bridge (above) still stands surreally in the middle of the Puente Romano Hotel and a few kilometres away is the restored Roman villa at Rio Verde with its beautiful mosaics.

A sleepy town during the period of Al-Andalus, Marbella was retaken by Christians in 1485. The Plaza de los Naranjos (Orange Square) has been the focal point of the town since then and the town hall is still located there today.

OSTEOPATH

Discreet home/hotel consultations.
British trained, 20 years experience
UK Diploma, English and Spanish.

- Spinal pain
- Disc injury
- Whiplash
- Sports injury
- Golf and Tennis
- Migraines
- Pre natal
- Post surgical
- Manipulation

marbellaosteopath.com

Riviera/Elviria/Marbella/San Pedro

618994590



The team at Hairworx have taken a shortcut to success with a fabulous new salon

It is definitely a shortcut to success. The popular team at Hairworx have set up a fabulous new salon, opposite La Sala restaurant and next to the new La Caixa bank. The group of hairdressers, barbers and beauticians have the perfect dedicated space, nearer than ever to the heart of Puerto Banus. Here at the Centro Comercial Iberico, you will find manager Victoria, a trained physiotherapist, masseur and nail artist, Fatima and Laura, the hairdressers, Raisa, the barber, Karima, in charge of pedicures and waxing, Alla, a genius with acrylic nail extensions and, of course, Nina, the friendly receptionist. Most of them have been working for Hairworx for years and continue to work with their long-term existing clients. The salon was set up five years ago by owner Sue Laird, a dynamic expat, who previously ran a successful employment agency in Ab-

LOCATION, LOCATION



FRIENDLY WELCOME: Some of the team at Hairworx



erdeen, filling both offshore and onshore jobs. She and her long-term partner John fell in love with the Marbella area two decades ago, when they bought their home in La Quinta. "I had really come here to retire, but I saw an opportunity with the first salon by the H10 hotel," she explains. "And it really took off from then." Hairworx has grown in popularity since opening and now works with many leading brands, including Wella, Redken, Tanino and L'Oreal. The team offers nail art with Shellac, luxury pedicures, threading and waxing, HD Brows, make up and acrylic and gel extensions. And naturally they cut hair... and very well!



POLE POSITION: The team in front of new home at CC Iberico, plus doing their business



Come and visit the new team beside Noche and la Caixa bank in CC Iberico. Phone 952929387 for appointments.



HAIRWORX

HAIR, BEAUTY, NAILS & LASHES

WE HAVE RE-LOCATED TO CENTRO COMMERCIAL IBERICO, NUEVA ANDALUCIA!

Acrylic & Gel Extensions
Nail Art with Shellac • Luxury Pedicures
Threading/Waxing • HD Brows • Make-Up



Centro Commercial Iberica (Opposite La Sala) Avda. de Manolete Nueva Andalucia, 29660 Marbella tel: (+34) 952 929 387

HUGE
CHOICE OF
QUALITY LEATHER
& FABRIC SOFAS
AT OAKLAND FURNITURE

UP
TO

50%
off

HURRY DON'T MISS OUT



SHOWROOM: Calle St Maria, 29670, San Pedro de Alcantara, Marbella,
Malaga (next to Maxi Dia Supermarket and above GM Cash & Carry)
Tel: 951 979 221 | sales@oaklandfurniturespain.com

OPENING HOURS: Mon-Fri 10am-7pm & Saturday 10am-5pm

Free Delivery accross Spain



OAK LAND FURNITURE

For oak furniture visit www.oaklandfurniturespain.com

For full sofa collection visit www.sofastorespain.com





Dr. Michael Peters, FEBG
gastroenterology & endoscopy

Specialist in Internal Medicine and Gastroenterology
Col. No. 29/29/10551



GERMAN GASTROENTEROLOGIST ON THE COSTA DEL SOL

STOMACH BALLON



Lose weight without surgery – up to 20kg weight loss possible. Will be inserted and removed endoscopically under sedation.

CAPSULE ENDOSCOPY



The innovation for endoscopy of the small intestine and now for the colon as well. Have a colonoscopy without a colonoscope – just swallow this tiny capsule that will take pictures from your inside and send them wireless to a recorder.

COLON CANCER SCREENING

Make sure you will never get colon cancer just by having one colonoscopy. Polyps that maybe precursors of cancer will be removed while you are asleep.



LACTOSE INTOLERANCE

Have you ever thought that milk products might be a problem? A simple breath test will tell you – daily available in our clinic.



CELIAC DISEASE



Diagnosis is often possible without any endoscopy – find out if you are affected too.

HEARTBURN - REFLUX

Acid reflux symptoms can be annoying. Long term effects can be even worse. Make sure you treat the origin and not just the symptoms.



HELICOBACTER PYLORI



Stress is not causing stomach ulcers. The small bacteria helicobacter is. Find you if you are affected through another simple breath test and get rid of it with a week's treatment. If you cannot get rid of it easily we will test the helicobacter for antibiotic resistance and treat accordingly.

HEMORRHOIDS

Rubber band ligation of hemorrhoid can quickly and effectively remove the problem. No operation or endoscopy needed.



ENDOSCOPY

Years of experience in all types of diagnostic and therapeutic endoscopy (including ERCP and endosonography) give you the peace of mind when choosing the doctor you trust.



LIVER DISEASES - HEPATOLOGY

Elevated liver enzymes can mean a lot – or be almost harmless. Find out through abdominal ultrasound scanning in our clinic and specific antibody and virus checks.



PANCREATIC CANCER

Second opinion on diagnosis and treatment options for all types of abdominal cancer (pancreas, liver, stomach, esophagus, colon and rectum).



Outpatient Clinic in Marbella
Endoscopies in Marbella, Estepona
and Torremolinos.

English, German, Russian and
Spanish spoken.

Clinic: Avda. Ricardo Soriano, 36 • Edif. Maria III, Of. 105 • 29601 Marbella
info@drmpeters.com • Tel. 952 86 85 99 • www.drmpeters.com

On the front line

Linea Invest has an international team that understand the myriad of issues involved in buying or selling in Marbella, writes Jon Clarke

It is very much on the front line in the heart of Marbella.

Nearly a decade old, the team at Linea Invest have an enviable position on the Golden Mile between Puerto Banus and Marbella old town.

Set up nine years ago by Russian economist Luba Sobinova, the team specialise in all aspects of property around Marbella.

Whether you are looking for a bargain two-bedroom apartment in Banus or a massive villa in the Sierra Blanca hills, the team of eight will be able to help you.

With a solid mix of international clients, from as far and wide as Belgium and Italy, Ireland and Russia, they have a wealth of experience of dealing with different nationalities.

And as director Luba began life in a legal firm in Marbella three years before setting up her agency, she understands well all the intricacies and issues involved.

"There are so many grey areas and issues that always come up," explains Luba, who speaks good English as well as German and studied economics at Volgograd University.

"There are new laws coming in all the time and the only fully legal town plan goes back to 1986, so technically there are thousands of illegal properties in Marbella and every-

one knows that is not the case.

"What we always do is study each property on its own and work out how to deal with the issues," she adds.

"I know the legal system in Spain very well and all the various local laws and paperwork issues, which really helps our clients."

A big fan of the Marbella lifestyle, she loves its location and environment. "The quality of life is perfect, there is little traffic and there are great doctors and dentists, plus 14 private schools, lots of beauty clinics and good shopping. It is also very clean," explains Luba, who lives in Nueva Andalucia. "There are also many cultural activities and events, such as Starlite and art exhibitions."

She also likes its location near to Tarifa, a place she loves visiting when she gets time at weekends. "I am a big fan of Spain in general but in particular Ibiza and I definitely prefer Madrid to Barcelona," she continues. Her team includes British agent Tia Watt-Roy, who grew up in Andalucia, as well as Olga, Natalia, Nellya and Slava.

Contact the office on 952828129 or at Blvd del Principe Alfonso Hohenlohe, Edif Milla de Oro, local 3. www.lineainvest.com



THE TEAM: At La Linea Invest

PANORAMA
MARBELLA'S LONGEST ESTABLISHED REAL ESTATE AGENCY

NO NEED FOR ALARM

SALES on the Costa del Sol have fallen for the first time since 2011, but there is nothing to worry about, insists Marbella's leading agent.

According to Panorama's annual Property Market report, Marbella, Estepona and Benahavis collectively saw a drop of 5.97% on the official index of sales in 2016 compared to 2015.

But the in-depth report, written by director Christopher Clover, says the decrease is perfectly normal after so many years of increasing sales following the 2008 financial crash.

"Since 2012, most of the distressed properties have been sold, even though there remain some excellent bargains in all price categories and in most areas," explains Clover, whose agency has been established for nearly five decades.

"The majority of buyers who had waited so long were finally able to buy confidently and at exceptional prices," he writes in his report.

"Now that the dust has settled, the volume of sales has naturally readjusted to the figures we saw in the pre-crisis years of 2007."

Panorama, an official associate of Savills, opened its first office in Marbella in 1970 with Chris taking the helm in 1973. It is now run in collaboration with his children Alex and Katinka.



BEST RESTAURANT THE BOARDWALK

The BOARDWALK MARBELLA

www.theboardwalkmarbella.com | Media@TheBoardwalkMarbella.com | Tel: 952 864 736

Beachside RESTAURANT

Gluten free menu

Kids make your own Pizzas!!!!

THE LOCAL
CAFE | BAR | LOUNGE

Celebra tus eventos con nosotros y despreocúpate

Showing all live sports everyday

AUGUST 26
MAYWEATHER VS. MCGREGOR

© Las Malvas, Edif. Online No. 13 Nueva Andalucía, Marbella
Tel. +34 722 133 456

Premier League
CHAMPIONS LEAGUE
LaLiga Santander

All about **M**arbella

YOU only need to take a look at the most recent Michelin guide to realise quite how important dining is to Marbella.

No less than half of the Michelin starred restaurants in Andalucía can be found in the town, with its wunderkind Dani Garcia garnering two with his eponymous own name joint on the Golden Mile.

El Lago, Messina and Skina make up the list with each offering their own unique blend of cooking.

"We keep getting better and better here and pushing the boundaries," Garcia himself explained to me. "And I expect it to continue."

And that is very much the story, as the town has one of the largest variety of top eateries in Spain.

There are over 100 different nationalities cooking in Marbella, from leading Japanese places like Nobu and Takumi to excellent Ban Thai.

And then you have some excellent beach restaurants, such as Bono Beach (www.bonobeachmarbella.com), La Sala by the Sea, Boardwalk and Casanis Plage.

Another restaurateur who shows no signs of slowing down is Ian Radford, boss of the La Sala group, who opened his fantastic Oak restaurant last year, and has just opened his hip Mahiki beach this week. The original La Sala (www.lasalabanus.com) on the way up to the Nueva Andalucía bull ring is, without a doubt, the

The real stars!

Marbella is the true foodie capital of Andalucía, writes Dining Secrets of Andalucía editor Jon Clarke



ROMANCE: At Casanis

An emporium of glass and seductive lighting, its real strength though, lies in its wood-decked terrace, that is serves as the ideal tourist sun-deck.

But, let's not forget the food, which has so far never let me down. Whether you are after meaty fare (ribs, burgers, etc) or fish dishes and seafood, you are always well catered for and there is always a contemporary twist.

But if you are looking for some romance, you need to head into the heart of Marbella old town, where you are literally spoilt for choice for excellent places to eat.

One of the most celebrated is Belgian-run Casanis (www.casanis.es), where boss Guy Sirre has been constantly evolving for the last decade and now runs no less than FOUR restaurants in Marbella (see article on page 28). Its head chef Fabian Cangas

most famous Marbella restaurant abroad.

This is a must-visit for any holiday to Marbs and a huge hit for 'ladies who lunch', not to mention movers and shakers, celebrities, footballers and the wealthy empresarios who make Marbella what it is.

NOW OPEN FOR DINNER

Hello Summer

BONO BEACH

Avda. Cervantes · Costabella, Elviria - Marbella · TEL: 952 839 236
www.bonobeachmarbella.com

has been at the helm since day one, but frequently takes time out to train at different restaurants around the world.

Now in charge of around 20 chefs at Casanis and nearby sister Italian restaurant Cafe Flore, he has brought in plenty of new ideas, picked up on his travels.

His attention to detail and passion for food is immediately obvious, with a broad and inspiring menu, always including specials of the day.

Using as much local produce as possible from his daily trips to the local markets, Fabian knocks up fabulously fresh dishes.

Even better, the restaurant now has its own nearby organic huerta from where, in season, they can get 25 to 30% of their fresh produce.



OUTDOOR DELIGHT: At Cibo on the golden mile

Another continually improving restaurant is Cibo, on the Golden Mile, which is beauti-

fully decorated and has a great menu.

Owned by the capable Metro Group (Joys, Jacks, Mumtaz, Metro, etc), it is excellent value and a romantic spot for dining out.

On the beach near Marbella old town you will find Boardwalk (www.theboardwalkmarbella.com), which offers casual beachside dining in contemporary surroundings.

Run by British businesswoman Kara Caradas the place gets more popular by the year and is busy from breakfast to dinner with a range of great fresh dishes.

They organised plenty of charity events, including Ascot Day, this week, raising money for Amusuvig, a charity for victims of domestic violence.

Meanwhile the long-standing Cafe de Ronda (www.cafederonda.es) in Marbella town centre is the place to have a great coffee with a homemade pastry, then later fresh tapas or a fuller lunch or supper. Open from 8am, it has delicious Eggs Benedict and superb fresh fruit salads.

Up in San Pedro you will be spoilt for choice, but really look out for Macaa, which really stands out as a special place to visit.

Set up by Belgian Michel Dhondt, who heralds from a long line of restaurant owners and trained with Alain Ducasse on the Cote d'Azur.

Open all year, it concentrates on fresh, seasonal ingredients and there are always loads of specials, including, no surprises, mussels, as well as oysters, shrimp croquettes and omelette. Also in San Pedro is the very elegant L'impronta, an upmarket Italian joint, run by capable Francisco Vacas, who actually heralds from Cordoba.

Finally another man helping to change the face of San Pedro is Malcolm Spendlove, who has been at the helm of the ever popular Passion Cafe (www.passioncafe.eu) for the last 16 years and now heads up one of the coast's best hamburger joints, Mr Gourmet Burger (www.mrgourmetburger.com) on the boulevard.

It counts on 100% beef burgers, halal too, while Kids are encouraged to make their own 'Junior G' burgers in 'four easy steps'.



THEATRE: Federico knocks up a splendid carbonara at Cafe Flore

GETTING FRESH

IT describes itself as an 'urban-style' cafe with a cool country feel.

Tomate, which now has four locations in Marbella, bases its success on 'fresh fun food', made with the all-important ingredient of love.

Tomate is great for a healthy breakfast - think wholesome natural juices, pretty poached eggs, oat pancakes and toast.

For lunch and dinner, choose from fresh in-house burgers made with the best quality meat, or mouthwatering chicken and lamb, incredible baguettes, home-made soups and more. There are ever-changing dishes of the day, and for those with a sweet tooth, there's a whole world of homemade desserts to discover.

Between their two Puerto Banus locations, they are open for 24 hours, so if it's a quick stop to get the party going or to aid recovery from a late night, Tomate is the place to go.

Cafe de Ronda

Order the special set menu, comprising a fresh green salad, prime entrecote steak accompanied by the tasty 'sauce originale' and french fries

You no longer need to travel to Paris to enjoy this amazing dish



Calle Ramón Gómez de la Serna, 23
29600 Marbella,
Malaga

Phone:
(+34)
952 90 08 99

Monday to Saturday
8.30am-11pm

www.cafederonda.es

TOMATE FRESH FUN FOOD
naturalmente
facebook: [tomatefreshfunfood](https://www.facebook.com/tomatefreshfunfood)

★ **SAN PEDRO** C/Cordoba 15 - 951 196 494 ★

★ **MARBELLA** AV. Ricardo Soriano - 952 968 253 ★

★ **PUERTO BANUS** C/Ribera (Second Line)
951 279 334 TAKE-AWAY

★ **BANUS** In front of PYR ★
Hotel Plaza Antonio Banderas - 952 636 923



TEAM: Fabi right at Casanis

Grand cru Andaluz

SERENADED by a group of travelling troubadours the diners in the square outside La Tapa couldn't be happier. A more Andalucian scene you could not conjure up, with the trio of palm trees soaring over the plaza with its twinkling fountain and chapel at one end. This is the latest addition to the Casanis stable, a group of four restaurants, that shouts out style and quality. Set up and run by Belgium owner Guy Sirre, 50, it has the inimitable style of the other



The hippest restaurant group in Marbella has grown again with La Tapa. Review by Jon Clarke

three eateries in the group, Casanis, Casanis Plage and Cafe Flore. The setting is complemented by a simple, but inspiring menu that takes in an original range of dishes from sweetbreads to lamb

chops. The gyozas served in a lettuce leaf with fresh mint were a real winner, while Guy's very own cheese croquette recipe, which he mastered at the age of 10 back home, come with fried parsley and truly melt in the mouth. "It keeps going onwards and upwards," explains Sirre, 50, who arrived in Marbella nearly two decades ago, via a career straddling Michelin-starred restaurants in France, London and San Francisco, not to mention a stint with the Sultan of Brunei.

The entrepreneur has worked hard to create the perfect vibe at each restaurant and is constantly refining his cuisine, looking for new recipes and getting his hands dirty in the kitchen. His flagship restaurant Casanis is, without

BISTROT CASANIS
The Original
C/Ancha 8 (Casco Antiguo Marbella)
tel. 952 900 450 www.casanis.es



CAFÉ FLORE À L'ITALIENNE
From our garden to your plate
Plz/Puente de Ronda 5 (Casco Antiguo Marbella)
tel. 952 770 535 www.cafeflore.es



THE CASANIS
Restaurants de Coeur
FAMILY



LA TAPA
A tapéar Andaluz y más
Plz/Santo Cristo 6 (Casco Antiguo Marbella)
tel. 952 901 040 latapacasanis@gmail.com



LA PLAGE CASANIS
The place to be
Urb. Coto chico 4D, Elviria-Marbella
tel. 952 837 862 www.laplagecasanis.com



BOSS: Guy at La Tapa with musicians

a doubt, one of Marbella's leading joints, where diners include leading politicians and celebrities such as Hugh Grant. Set around a typical Andalucian townhouse - in an evocative patio or on the wonderful terrace outside - there is a very distinct ambience at work.

Its head chef 'Fabi' Cangas has been at the helm since day one and runs a tight ship, also looking after the team at the fast improving Cafe Flore nearby. Another charming spot, you really must try the highly original Spaghetti Carbonara, which is conjured up for you by genius Federico (see pic on page 31), using grappa flambéed in a half parmesan before being served with parsley and 'guanciale', pigs' cheeks imported from Italy. Finally, La Plage Casanis, in Elviria, has just been rebuilt after winter storms left it in tatters.

It is very epitome of cool and has a menu that even rivals the mothership. Plus you are sitting right on the beach.



STYLISH: Inside La Tapa and (above) croquettes



MAHIKI BEACH

by SALA

Is now open!

+ 34 951 899 376 - reservations@MahikiBeach.com
Av. Duque de Ahumada 2, Marbella (in front of Hotel Fuerte)
www.MahikiBeach.com