## The uadalhorce /alley All about

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# **GET LOST IN THE** GUADALHORCE

Charlie Smith discovers why so many expats have found their Eldorado in the white towns of the green Guadalhorce

> Don't miss Coin's famous Flea market, while (left) a town near

Alhaurin

SPEND 15 minutes gaw-ping at the rugged Alhau-rin el Grande mountain range from our balcony before I realise I am late for breakfast.

We're running on empty but the cloud-covered peak of the Sierra de Mijas looming beyond the palm trees outside the window is more than enough to distract me from hunger pangs.

It feels like we're in the wilds but this is Las Delicias, an urbanisation in Coin just 33 km west of Malaga, and 30 km north of Marbella.

After pulling my travelling partner Juan from his com-fortable bed, we amble downstairs where our host Hazel Rennalls has cooked up a mean breakfast. 'Spanish toast', complete

with a piping cafetiere of the good stuff, lives up to the Las Delicias name. We aren't the only guests at the Palms and Lights B&B which Hazel runs with her husband Tony, having made the leap to Spain from Wo-kingham 18 months ago. There are Americans staving which is clear proof. Guadalhorce Valley has in-

ternational appeal.

Over a second cuppa, Hazel and fellow British expat Ursula Lewis endorse that, regaling me with tales of their adventures through the valley during their 25-year friendship.

"Sundays in Coin are unfor-gettable," says Ursula, who has travelled over 600 km from her home in Valencia for another glimpse of the valley - a reminder of the

green green grass of her ex-home. "Everv Sunday there is a flea

market in La Trocha,' Hazel continues, referencing the swish commercial centre that has enticed the likes of El Corte Ingles and Dunnes Stores to branch

out into the rural hinterland to cater for the growing expat population.

Continues overleaf

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#### Continues from page 17

"The market is brilliant," Ursula cuts in. "And very cheap. You can get anything from a pipe for your toilet to a lovely wardrobe.

Just as you can get pretty much anything in Coín, the valley's cultural centre, a mix of old and new, traditional and expat.

The feel of authentic rural Spain with a European veneer explains why so many expats from the UK and other parts of northern Europe, have chosen to call it home. Even one of the tapa we enjoyed

at the Nueva Alameda cafeteria was a fried bacon, eggs and mus-hrooms dish. Does it get more British?

Only the name Coin, perhaps, when spoken of by newbie Brits. It's pronounced 'Co-een' but they call it like the money.

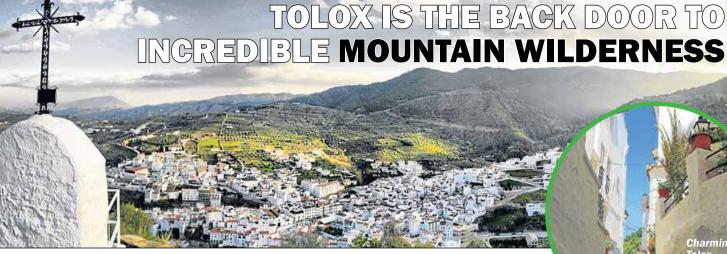
Historically, Coin is very much on the money with a cosmopolitan past stretching from the Roman Empire to pop culture. 'Eldorado'.



Los Barcos, the setting for "Eldorado



uadalhorce Valley



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the BBC's famously flopped soap, was filmed on a purpose-built set outside town.

The Romans set the place up as the market town of *Lacibis*, mining the terrain for minerals and laying the foundations for the area's latterly burgeoning 'Green Coin' ceramics trade.

Marble from the quarries of Sierra Blanca, five kilometres south, was used to construct the ama-zing Roman town of Italica, near Sevilla, the birthplace of the mi-ghty Emperor Hadrian in 76AD.

Then, like many parts of Spain, Coin fell to the Moors in the 900s before being reconquered by the Christians in the late 15th cen-tury. The town buckled under a siege in which, legend has it, the great New World explorer Christopher Columbus took part. The fascinating 9th century Mozarabe Monastery will take you back to those swashbuckling times. But the draw of the mountains is too strong and we set off to explore them.

We went to see the Sierra de las Nieves, Spain's newly-declared National Park to the west of the Guadalhorce Valley.

untouched Largely tourists yet ridibv culously close to the coast, it's a weekend getaway begging to be booked. Pinsapo fir trees, Spanish ibex and thriving otter po-pulations are some

of the gems that won it National Park protection. Tolox is the back door to this incredible mountain wilderness. As someone once described it, 'If Coin sits at the foot of the Sierra

de las Nieves, then Tolox is the toenail'

Once part of the Kingdom of Soleimán, this whitewashed Moorish village also draws visitors to explore the healing properties of its Fuente Amarga Spa. Stress and muscle fatigue are

washed away with a variety of therapies **Take water for** ranging from natural gas inhalation to mud spray treatthe steep climb ments. Former Spa-nish Prime Minister and a camera for the awesome Miguel Primo de Rivera is among the more famous faces

to have indulged. Conveniently close to the spa on the fringes of the Sierra de las Nieves sits one of the Guadalhorce Valley's finest hotels. Offering eagle-eye views as far as

Mala ga, de Hijar the Cerro hotel is one of Andalucia's more remote places to rest your head. If rigorous adventure is more your backpack, you should try the win-ding walk from Marbella, which takes in the towns of Ojen, Mon-da, Guaro, Coin and - if you have the energy - eventually Alhaurin. Take water for the steep climb and a camera for the awesome scenery and views.

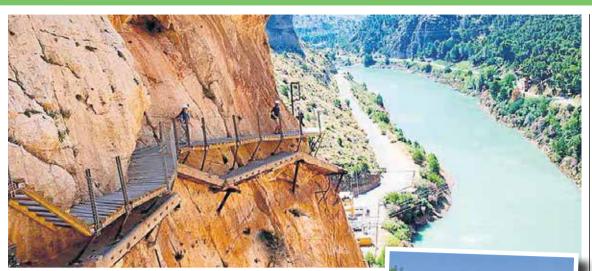
arming

Every hairpin bend round the steep cliffs offers up a fresh angle on the Guadalhorce Valley. Looking up at the imposing ceiling of white cloud, and down to waterfalls trickling below, it's

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HEADY HEIGHTS: The Caminito del Rey and (right) the Barranco Blanco waterfall

easy to forget that the Costa del Sol metropolis is just over the mountain.

Arriving in Alhaurin is like deja vu as a 'castle' looms into view. It's the famous brick water tower that starred in the opening credits of the Eldora-do series, built to look old.

More striking is how Alhaurin has grown. Where Coin may have a few amazing tapas places or cake shop, Alhaurin has more.

The route south west out of Al-haurin brings you to the serene Barranco Blanco



HOTEL: In hills near Alhaurin

#### (White Ravine). A photographer's favourite, bu-ried in the countryside where wild boar feel safe to roam, its aquamarine waters end in a

magical waterfall. Everyone mentions the Nazis, who allegedly used the area as training camp during WW2, due to the alliance between Franco and Hitler. You can still see a white building that was used as a sentry point as you arrive. And on the other side of the valley let's not forget the Caminito del Rey, a huge hit with thrill seekers.

Once dubbed 'the world's deadliest walkway, and with 1,000 visitors a day, this hi-gh-adrenalin hike above the El Chorro gorge, is in high demand

It was recently praised as a 'shining example' of a Director of tourism for the Costa, Arturo Bernal, said

thousands have visited the site this year, while 'last winter saw visitors of 84 different nationalities flock from five different continents'.

Emerging at the other end of the Caminito in Ardales, you'll be hard-pressed to get in your car and leave. Often called Andalucia's Lake District, with turquoise waters surrounding tree-lined islands, it's easy to see why.

The scenery is more akin to the cantons of Switzer-

and than anything found on the Costa del Sol. So many white villages, so much still to discover about the Guadalhorce Valley. In the towns our cat-chphrase of the day became 'We're not lost' when people saw us consulting our tourist office maps and offered help. But really that is the only way to experience the

Guadalhorce Valley. Just lose yourself.

## **DON'T GET LEFT** BEHIND Property 🔆 verseas Group

More and more buyers are looking inland. says agent Richard Woodland,



### from Property Overseas

ndeed, the majority of homes his agency Property Overseas Group have on their books are less than 30 minutes from the coast... and no more to Malaga airport.

The demand for inland property, especially country fincas, has continued to grow this year, as buyers are looking for affordable properties with a different, more Spanish lifestyle away from the coast. There is also growing rural tourism industry in the area which is stimulating the market.

Although there is some indecision from Brit buyers over the uncertainty of Brexit and the fluctuating exchange rate, there is still a rush from buyers in the Netherlands, Belgium and Scandinavia as well as Spanish buyers also coming back into the market.

19

"We haven't seen a noticeable rise in prices but the difference in the asking and selling price has shown a decrease," explains Woodland.

Selling property on rustic land can prove more complicated when fin-cas are not registered correctly or have difficulty in achieving the AFO. The AFO was introduced in 2012 to help regularise the legal status of buildings in rural areas but this has only hindered the buying process. Every town hall has different regulations, fees and timescales for obtaining the certificate and the ad-ministrative bureaucracy can delay purchases and potential sales can suffer.

"Scenically, the area is very attractive and, due to the lower prices than the coast, the demand still continues," he adds. "I expect the market to continue a

steady and gradual growth in 2019, and more competitive with less pro-perties becoming available for sale. 'Buyers need to make sure they don't get left behind as many properties are getting picked off the shelf."

Richard's office in Coin is opposite La Trocha of visit the website www.propertyoverseasgroup.com

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THE Guadalhorce Valley is 804km2 in size, and home to around 150,000 per-manent residents, while many more own second homes there. It has always been known for its citrus

production, with orange and lemon plantations stretching out in every di-rection from the valley's towns. Of the eight municipalities, Coin is the biggest. But towns such as Alhaurin El Grande, Alora and Cartama are also im-

Grande, Alora and Caltanta are used in mensely popular with expats. While first colonised by the Romans, it was the Moors who have had the largest influence on the area.

Everywhere there is evidence of their work, which tamed the tumbling streams into irrigation systems and brought ferti-lity to the whole of the valley.



But while the region has been termed one of the bread-baskets of Andalucia since Roman times, the locals have long struggled with fluctuating rainfall, which can still bring devastating floods to the whole of the valley or leave the land parched for months on end.



Travel back in time in a classic whitewashed pueblo

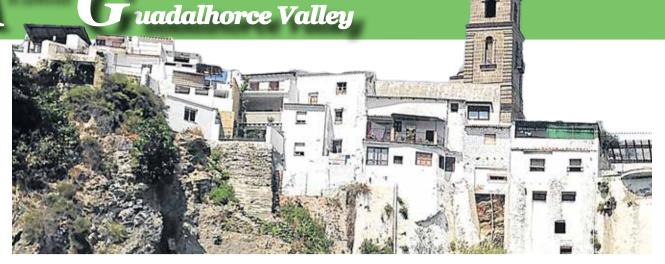
HISTORIC: Alora castle

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Coin and Alhaurin, a sleepy, white-washed Andalucian pueblo sits waiting to be explored.

Despite keeping its fasci-nating history to itself with unwarranted modesty, Alora has blossomed into a hive of cultural activity. Marked out by its stunning Arabic castle atop Cerro de las Torres hill, the sprawling

streets are brought to life through Moroccan and Roman influences before them. However, the castle is even older and was originally built by



Phoenicians, before being expanded under Roman rule. And later destroyed by Visigoths in the fifth century before the Moors finally came and rebuilt it. The Muslim minaret is still clearly visible today, protruding defiantly from the elegant and immaculately preserved castle.

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Built in 1462, from local history expert and museum worker. Maria Jose says You can see evidence of all the

different ages of the castle, it is so interesting and such a shame that so few people come and see

It is a wonderful place to visit, but

#### Remedios

Built in the 17th century on top of the original 15th century building, the sanctuary was restored as re-cently as 2007. Inside you can still see the ornate ceiling with its crystal chandelier, the elaborate decoration contrasting with the spartan wooden benches that seat the congrega

tion. Above the shrine are the remains of the 10th century Moorish castle. The crumbling walls are all that's left of the impenetrable fortress that originally boasted ten watchtowers, but the views are still to die for.

unfortunately the castle is not often open to the public. A short walk down narrow tradi-

tional streets leads to the town's lowest-lying square. Here stands the impressive 17th century Catholic church of La Encarnad which somehow appears to be even larger on the inside.

Adjoining the church is the municipal museum, complete with ancient pottery, historical displays and intense mustiness.

It is a Mudejar construction da-ting from the 16th century and supported by stone pillars and columns. 'Alora is such a wonderful town.

there is so much culture to see in the artists, history and of course, the best food in the region is here," explains local tour operator Kora Buggel. Hidden right in the heart of the

town is an old molino, where olive oil was traditionally produced but it is now used for the occasional concert Various small museums and bars have sprung up in the centre since the turn of the century, as this town continues its legacy as one of the most important settlements in the Guadalhorce Valley. It is certainly a fairly bustling place, much busier than most of the valley's pueblos.

One of the highlights is the small bodega belonging to José Miguel Pérez Hidalgo, which produces a range of wines from the Gua-dalhorce Valley's vineyards, and offers tasting sessions to organised groups.

#### Killing

At the foot of the hill on which Alora rests is a railway station, and it was here, just five years ago, where the houses were struck by a terrible flood, killing livestock

and destroying homes. From the castle it is easy to see where the river ripped apart a bridge, separating Barriada Esta-cion from neighbouring Barriada del Puente.

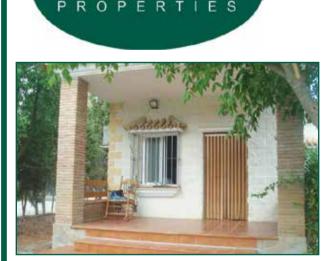
Castle in the s ARTAMA castle at night at the head of the Guadalhorce is a magical juxtaporiver, where a restored iron bridge sition of ancient and connects the town with its train modern. The crumbling hilltop remains are bathed in station. A rocky path zig-zags up from the floodlights at night, recently installed by the Town Hall. main square to the castle, mean-dering beneath shady pine trees, Even in daylight, no other van-tage point in the vicinity offers

with benches placed at intervals for much-needed breathers. At the top stands a pretty shrine such far-reaching views of the Guadalhorce Valley. Cartama spreads out below, to the town's patron saint - the Ermita de Nuestra Senora de los



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#### Tolox Pueblo – APA118

This established 23 bedroom hostal is fully licensed by the Junta de Andalucia Tourism Department and is located in the pretty Andalucian pueblo of Tolox. The building extends to 840 m2 within an urban site of 350 m2. All bedrooms have ensuite bathroom facilities.

Price: 690,000€ - JUST REDUCED!



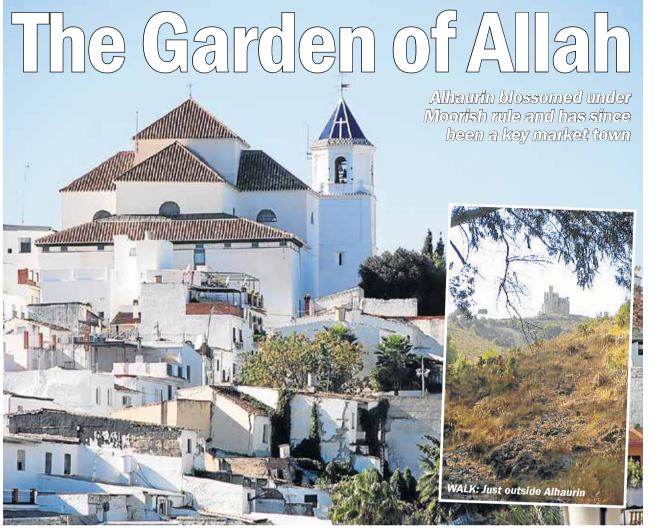
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Country Property, Álora – APA139

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The type of expat now coming to live here is more

interested in

integration

T was in Phoenician times that Alhaurin el Grande first developed its role as an important market town, as the already established Iberian tribes bartered their goods with new arrivals from Lebanon. Later the town thrived under Later the town thrived under Roman occupation when a number of wealthy merchants from nearby Malaga made money from the rich mineral deposits in the nearby hills. They built sizeable villas, such as Villa de la Mata, and la-belled the town *Lauro Nova*. Evidence has been found in the numbers of coins, statues and pillars, a trio of which stand pride of

stand pride of place opposite the town hall today. But it wasn't until Moorish rule that the town really blossomed, as the Arabs plant-

the Arabs plant-ed new crops in the wide fertile valley that is crossed by two rivers, the Fa-hala and Blas Gonzales. They introduced *acequias* (or water courses) to irrigate the entire valley and built a num-ber of important mills, such ber of important mills, such as the Molino Morisco de los Corchos. An area of particular beauty –

not to mention an extremely clement climate – it had soon taken on an appropriate new name, that of *Garden of Al-lah*<sup>'</sup>, or Alhaurin. Remnants of the eight centuries of Arabic rule can still be found, particularly at the Arco del Cobertizo, which was a gateway to the medina, that had a souk specialising in silk. One of the last towns to be con-guered by the Catholic kings in quered by the Catholic kings in 1485, it was eventually merged with Alora, Cartama and Coin in 1666 to form a single entity known as the Four Towns.

known as the Four Towns. Though it was anything but plain sailing for the united municipality and there were epidemics of plague and even an earthquake in 1680. Later, Alhaurin was occupied for four years by the French during the Peningular War in

during the Peninsular War in the early 19th century, which

century, which led to the inev-itable destruc-tion and up-heaval. Since then, apart from the

apart from the turbulent peri-od during the civil war, the biggest threat to civil peace has been an influx of English hoo-ligans, who thankfully have now all but gone. There is no doubt that Al-haurin el Grande has been through a dramatic transfor-mation over recent years but there is a now a real swagger about the place. Businesses are opening and

Businesses are opening and the type of expat now coming to live here is more interested in integration, learning the language and enjoying the town's varied culture.



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#### WHERE TO EAT

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## LLEY TUCKER

uadalhorce Valley

A longtime agricultural hub, it is no surprise you can eat well in the Guadalhorce Valley, writes Jon Clarke

LL around the Guadalhorce Valley you will find vegetable gardens, orchards and fields of crops.

And with such a fabulous range of local produce it is no surprise you can eat well here. Few places are more authentic than the charming **Bohemia** restaurant in Coin. Run by creative owner Pedro Trillo, it is full of

antique furniture and a range of Pedro's amaz-ing knitted tapestries on the wall, worth a visit

alone. But you are here for are here for the food, which is classic soul food with a heavy empha-sis on vegetables and, in particular, I loved the aubergines layered with salmon, par-mesan, chives, caviar and chertomatoes. The courgettes stuffed with cheese



TALENT: Pedro at Bohemia also knits his own tapestries

too and the portions are of an excellent size

Also in Coin check out Casa Paco which has an amazing range of fresh fish and seafood and has been running since 1985 with current owner Juan starting to work there at the ripe old age of 16.

A livewire, he works extremely hard and this is one of the genuine 'dining secrets' of Andalucia.

The hot conchas finas are incredible, while the razor shells are as fresh as

could be. Also in Coin you might want to check



Now taking orders for the festive season, Ye Ole Butchery in Alhaurin El Grande, offers a piece of home with Irish legs of lamb, Lancashire and Cumberland sausages and a selection of Cheddar cheeses

The traditional English butcher, headed up by Brit Martin Randall, is a family-run business, which uses old recipes passed down through generations.

Running for almost eight years, the butchers make all their sausages, burgers, pies and savou-ries on site and even cure their own bacon. For those run off their feet cooking the roasties or brewing the mulled wine, a home delivery service is available ahead of Christmas.





out Mumtaz Mahal, a popular, well established Indian restaurant.

The food is always good and you can sit on the terrace or in the charming interior.

Another great dining spot is Finca La Mota on the outskirts of Alhau-rin, which sits in its own secret vallev

Also Dutch-owned, you dine on a candle-lit terrace at night surrounded by mature pine, orange and avocado trees.

A classic rural idyll, the diners are spoilt with a great mix of international dishes, with a slant on the orien-tal, Moroccan and Thai.

Meanwhile you must try herring on brown bread, the the chicken satay and a splendid 'zarzuela', which has a top mix of shellfish, rosada and langoustines.

The Thai prawn and chicken curry came in red, green or yellow depending on your preference for spice and was delicious. The apple strudel was a sure fire winner to end the meal.

Another true star of the valley is Jaap Schaafsma, 31, who I first singled out a decade ago, for my book Dining Secrets of Andalucia, while working at the then-amazing Santa Fe restaurant in Coin.

After it shut in the recession he headed back to his native Holland for a few years, but is now back at the helm at the excellent **Castillo de Monda**. It has an inventive menu and there

are always specials of the day, plus a great wine list. If you are looking for Gallic flair then

look out for stalwart **El Postillon**, where you eat on a fantastic terrace overlooking a leafy garden and with views into the nearby Sierra de Miias

You will be spoilt by the cooking from Xavier Sierra, who after working in his parents' restaurant in France and studying at the best cooking school in Bordeaux, Ecole Hoteliere de Talence, packed up his kitchen utensils and headed to Spain 20 years ago.



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goat's cheese were amazing

#### WHERE TO STAY

#### Guadalhorce valley has some great rural retreats, writes Jon Clarke

HERE are some amazing places to stay in the Guadalhorce Valley, where peace and

In mountain landscapes merge. One of the most reliable is Finca la Mota (www.fincalamota.com), in Alhaurin el Grande, that was once one of the biggest estates in the entire valley. The 350-year-old farmhouse sits in

The 350-year-old farmhouse sits in its own secret valley, surrounded by stunning countryside and with views to match.

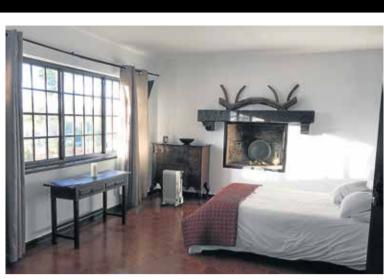
Run by Dutchman Kees and his two sons Reuben and Danny, you enter into a classic patio Andaluz with a huge pool and its own terrace restaurant.

Inside it is charming with comfortable rooms and various dining areas, one with two roaring fireplaces. A lovely shady pool and views to match make up the scene. The rooms are all different and most

The rooms are all different and most have a nice atmosphere with good views.

You might also consider staying in the soaring Castillo de Monda, which lords over the Guadalhorce valley with mountain views in all directions.

Taken over by three talented Dutchmen, the place has spacious bedrooms, replete with four poster beds, jacuzzi baths and private ter-



ATMOSPHERIC: One of the rooms at Finca la Mota

## Sweet dreams

races, but it also has a spa. Best of all, one of the trio, Jaap Schaafsma, 32, who is in charge

of the kitchen, has worked among Holland's best restaurants, a few of them with Michelin star status.

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The restaurant serves international cuisine using flavours from around the world. Kitchen open from 12 till 22 hours. 7 days a week.

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December 5th - December 18th 2018