March 2012 A 12-page Olive Press supplement

It's ham-azing!

ll about A racena

HAPPY: Free range pigs and the view from Almonaster la Real mosque

THE

There are no cinemas, beaches and Chinese takeaways, but it's ham heaven in the rolling mountain region of Aracena that few have heard of and even less visit, discovers Jon Clarke

ROM my perch high above Almonaster la Real, I sit contemplating the spectacular vista from what must once have been the

Moors' most scenic mosque. Swallows swoop around the historic monument as I gaze into the far distance across a rolling

as I gaze into the far distance across a rolling sea of oaks, chesnuts and pines. Almost on cue, a lone piper starts belting out a medieval standard from somewhere below. It is almost enough to consider converting... but then that would mean missing out on easily the best deligner. Spein here to effort

then that would mean missing out on easily the best delicacy Spain has to offer. For in the cork woodlands in front of me graze what must be the happiest pigs on earth. Going on to produce the best ham in the world, the famous black Iberian pigs live free-range for up to four years, grazing on a diet of almost entirely acorns.

tirely acorns. First noted by Laurie Lee in his classic tome As *I Walked Out One Midsummer Morning*, you can clearly taste the sweetness of the *jamon Iberico* the minute you enter these verdant hills. A breathtakingly beautiful area of woodland, sce-nic walks and authentic, unspoilt whitewashed villages vet almost nobody has beard of the Si-

villages, yet almost nobody has heard of the Si-erra de Aracena.

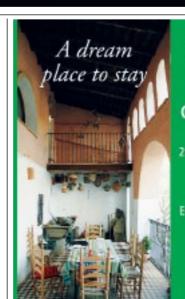
erra de Aracena. "And that is even on the coast in our own prov-ince of Huelva," explains local hotelier Lucy Ark-wright, from Posada San Marcos. Close to the Portuguese border, an hour north of Sevilla, the Sierra de Aracena - Andalucia's second-largest natural park - is sandwiched be-tween the wild plains of Extremadura and the heat of the Andalucian heartland. It is about as different to the Costa del Sol as

heat of the Andalucian heartland. It is about as different to the Costa del Sol as Fortnam & Mason is to Iceland. But that's not to say that the English haven't dis-covered it yet. On the contrary, it is close to here - at Minas de Riotinto - that in the 19th century, British miners and engineers laid out Spain's first golf course and football pitch. The nearby hills - a romantic, almost melancholy sweep of wilderness - was their playground.

Turn to Page 2



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^{²Aracena special}



"But it has also long been an exclusive escape for rich Seillanans," explains Aracena mayor Manuel Guerra "The grandparents of the

king used to holiday here and the aristocracy built grand houses. They came to enjoy the won-

derful countryside and nature," he adds. It is certainly the perfect anti-

dote to the hideous development that has scarred much of the Costa del Sol. And while Aracena has never courted the hordes of Brits who flock to Spain, to be fair.

it's probably not their cup of tea either. Indeed, as the expatriate lo-cals are quick to point out, the rainfall figures are the second highest in Spain and apart from walks and nature, there is not a lot else to do.

It is the timeless, picturesque villages that make the region so special

They have got a point. There are no beaches, casinos or Chinese takeaways in Aracena and the locals mostly don't speak English. That said according to one local estate agent Alfonso

The Sierra de Aracena forms the western-most tip

of the Sierra Morena, the mountainous belt which

forms a natural divide be-

tween Spain's central me-

seta and the Guadalquivir

forced upwards by this last

spur of the Iberian massif

which rises to a height of

This, along with a relative

absence of pesticides, en-

are spectacular in all but

nearly 1000 metres.

find a home with Julie Chrisall casting an eye over its housing stock in recent years. 'The word is out that this is one of Andalucia's last unformer actor, who moved here over a decade ago. "But it is ral park, which puts tough restrictions on building.



BEAUTY: Fountain in Linares, Aracena mayor (left) and a church in Almonaster la Real (right)

Cut above the Costas

Britons are flocking there to of competition from wealthy Spaniards, who have the rotie, Bryan Ferry and Roland Olazabel from Tears for Fears mantic notion of owning a retreat here. All this gives the mantic notion of owning a area a certain cachet, which no-one wants to spoil, and ultimately nobody shouts about it from the rooftops."

comes quickly obvious as you already expensive due to the exclusivity of being in a natuexpanses slowly giving way to a rich, muddy green spread of Pardo increasing numbers of "As well as that there is a lot oak and chestnut woodland.



and natural setting has so much allure, it is the timeless, picturesque villages and their sylvan hinterlands that make the region so special. Alive with the chatter of children and served by a surpris ingly good network of shops and restaurants, somehow the two dozen or so settle ments manage to maintair their pastoral identities and continue thriving without modern development.

It is this anomaly unlike so many other parts of Spain that so appealed to Nick Winer, when he and his wife settled in the area five years ago. Having travelled the world,

and in particular Africa, where he worked in famine relief with Oxfam, he needed somewhere quiet to lay down his hat.

"It has always been a friendly place, where the locals are happier than most and not every young person flees the minute the chance comes up," says Winer, who had first fallen in love with Spain. spoilt zones," says Pardo, a The reasons for its popularity while living temporarily in a among those-in-the-know be- cave house in Almeria in the 1970s.

The reason behind this, he explains, is that Aracena is one of the few areas of Spain where the latifundio, or big landowner system, never took root.



ed their villages. Similar to that in the Alputo Sevilla every week.





The area gets surprisingly heavy rainfall (more than http://www.fincabuenvino.com 1000mm) considering its southerly position: the Atlantic weather systems

Walking, cooking courses, birding, wildflower walks, Food Photography courses

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SCENIC: Alajar nestles into classic oak woodland

area's most singular feature remains forested. The trees is the extensive dehesa system of woodland managesures the wildflowers here ment whose persistence has ensured a staggering 90 per the summer months. The cent of the area of the Park prized Iberian pigs which are

most characteristic of the dehesa are holm and cork oaks. These provide rich and sustainable grazing for the

The hillsides are also characterised by large swathes of chestnut groves. These became an important part

of the local economy after being introduced in the period following the Reconquest and have flourished in the warm, damp conditions of the Sierra. The trees are at their most npressive in the autumn when the leaves are on the turn whilst in winter their heavily coppiced forms look almost baobab-like. To see them cloaked in winter mists is a sight never to be forgotten.

By Guy Hunter-Watts

A LANDSCAPE YOU'LL NEVER FORGET so much a feature of the Aracena hills.

Apparently too difficult to support large estates, instead the locals shared out the smallholdings that surround-

jarras, near Granada, most would have a small olive grove, a few chestnut trees and an orchard for fruit. And as there was never a water shortage (there is over 1000mm of rainfall a year) they always had food and used to make money sending their produce by bullock cart

terton. Without a doubt, the British pioneers to Aracena, they bought an estate in the area in 1982. Having moved to Spain so Sam could concentrate on his writing they soon decided to open a B&B to make ends meet. The decision had been made soon after meeting his wife Jeannie at a party in London. "I put two propositions to her

in black.'

Another

sult the area never

the haves and have-

nots. With land they

could access loans

and improve their lot.

"You can really feel

that today in the

villages, where the rural economy is

strong enough to

lages aren't full of

magnetically drawn

and Jeannie Ches-

couple

in one breath. I asked her to marry me and move over to Spain at the same time," re calls charmer Sam. "Luckily she also loved the mountains

As Winer, a project and was up for manager, explains: 'In Spain land has the idea of cater ing.' always been every-While they pined thing and as a re-

for a classic cortijo to renovate, it was a far from easy task as most of the places they vis-

ited came with 500 hectares and cost too mud Then one day they stumbled across finca Buen Vino. The huge estate was covered in primroses and heather and had wonderful views. "By the next morning we were hooked," recalls Sam. Taking a look around from their terrace it is not hard to see why.



ANCIENT: Typical architecture in sleepy village of Castano de Robledo

ONE EYE ON MECCA

IT is one of the few surviving Spanish mosques to have stood the test of time. Dating from the 10th century, the mezquita in Almonaster la Real sits among the ruins of a castle overlooking the whole

The oddly-shaped building was built using the materials from a Visigoth church on the same site that dates from the 5th

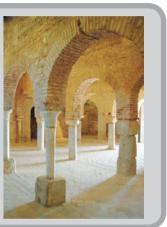
And the Mihrab - the prayer niche facing Mecca - is the oldest example of its kind in Spain

After the Christian reconquest the

mosque was turned back into a church with the addition of a central axis, a function it has maintained to the present day. And although it has since been altered and added to the original building is still

Inside, the well-restored interior boasts five naves and numerous classic Moorish arches supporting the ceiling.

Interestingly, its five naves are perpen-dicular to the *qibla* wall, a trait that can be found in other contemporary Spanish mosques such as the Great Mosque of Cordoba



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⁴Aracena special

The home of jamon

prized delicacies and a source of national pride for Spanish foodies looking to show off their country's uisine

And nowhere is the pride for jamon iberico more evident than in its spiritual home. Aracena, and nearby neighbour Jabugo.

is one of Spain's most Aracena is the true spiritual home of the world's best ham. discovers James Brvce

> Production of the cured ham a square after the sought also known as pata negra after delicacy, Aracena also plays a major role in the re- has a ham museum and an gion's economy and there are annual fair in its honour. several reminders of its influence throughout the area. Not just satisfied with naming coming increasingly popular

And with good reason. The gourmet product is be-

LITTLE CHANGE: At Eiriz today and half a century ago, (Bottom) Domingo checks his products

over recent years. It comes after two companies were finally allowed to market the produce in America, both to be met.



Hamtastic!

Jon Clarke visits award-winning ham producer Eiriz

was the best news I had heard for

fold that I had to avoid eating chacinas or cold meats for health reasons, the discovery that jamon iberico de bellota was cholesterol free was music to my ears. "The fat is natural and has no polyunsaturates as long as it comes from acorn-fed pigs," explained Domingo Eiriz Martin, from ham factory Eiriz, one of Spain's nighest-rated ham producers.



I was taking a tour of his factory/home, in the tiny village of Corteconcepcion. Away from 'Ham Central' or Jabugo, this

was not the most obvious place to find one of the region's best producers. But it soon became obvious that the village was surrounded by cork oaks, the vital vegetation from which the black lberian pigs receive their main source of food:

Slaughtering approximately 120 pigs a week, the family firm, which has 10 staff, only uses pigs that have lived entirely on

"This is vital if you are going to use the label 'jamon iberico de bellota de Huelva'," explains Eiriz, who joined his family firm full time four years ago after a career as a lawver

'I might be earning less and working harder, but I am working towards my future and putting this factory on the map," he adds. His hard work certainly seems to be paying dividends with the award-winning ham now being sold in 10 countries around the

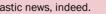
Best of all he recently received a three-star gold award from London's prestigious Great Taste fair

biscuits, sauces and marmalades," he explains "And they blind taste each product n groups with mine coming top for three years in a row." Hamtastic news, indeed.

Have a full tour of the Eiriz factory and taste the products over a glass of beer for just 15 euros per person... contact Domingo on 678733443 or domingo@jamones-



"There are a total of 7,500 gourmet prod-ucts from around the world, including teas,



Aracena special

around the world, in countries Produced from black Iberian including America and China, where demand has rocketed

passing stringent slaughterhouse regulations which have

pigs and cross-bred pigs, surprisingly jamon iberico only accounts for eight per cent of Spain's cured-ham production. The emphasis is firmly on

quality over quantity and this is reflected in the prices, which range from 30 euros

per kilogram for the lowest quality, to 70 euros per kilogram for the very, very best. Although the prices may seem excessive, a look at the high level of time and care that goes into the production process soon makes it seem justified. After being weaned, the pig-



HAPPY AS PIGS IN MUD: The best jamon comes from pigs fed only on acorns



lets spend several weeks being fattened on barley and maize before being released to roam in pasture and oak groves.

Here they feed naturally on grass, herbs, acorns and roots until slaughter, where the ham is salted and left to dry for two weeks.

They are then rinsed and left to dry for another four to six weeks, followed by a curing process that can take any hing from 12 to 48 months The best quality Iberian han jamon iberico de bellota is raised on a diet entirely composed of acorns - approxi mately one pig per hectare which has been found to make the meat cholesterol free. The discovery means that iamon iberico is part of that

other rare breed - something that not only tastes good bu is healthy too.

Top Ham Tips

Make sure you only ea mon at the temperature 25 degrees, as it is only at its best when it starts to sweat at 23 degrees when the fat begins to melt.

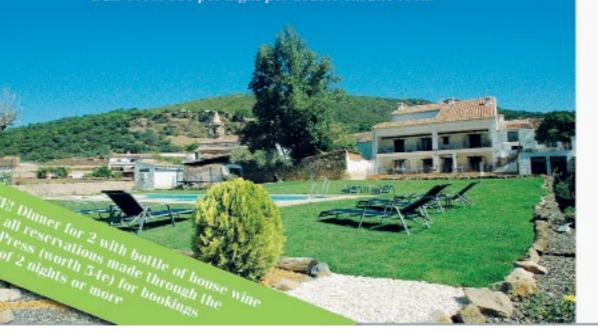
2. Ham can be kept in packets in the fridge for months and quickly brought to room temperature by running each side under a hot tap for 15 seconds on each side.

3. Spain's best quality ham is jamon iberico de bellota, which is at its best from the Denominacion de Origines (DOs) of Huelva, Guijelo, Salamanca and the Valle Pedroches, in Cordoba



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Aracena special

XPATS who hanker after the ancient woodlands, cob-bled footpaths and stone walls so typical of walks in the UK will love Aracena.

The landscapes here are more reminscent of Hardy's Wessex than of Cervantes' Spain with luscious green hillsides, thanks to some of Spain's highest rainfall figures.

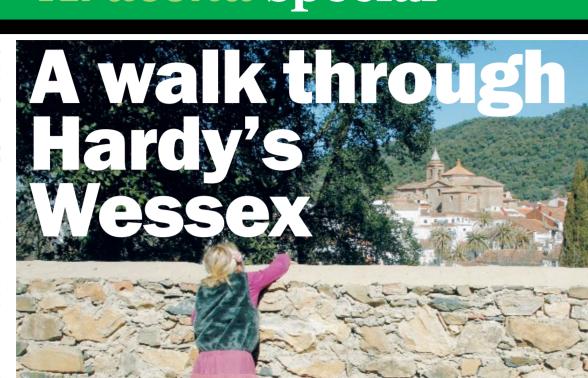
This is classic walking terrain, and best of all, the Natural Park of the Sierra de Aracena y Los Picos de Aroche encompasses an impressive 184,000 hectares. So there is no shortage of places to get away from it all.

I have long been a love of this area and came close to buying a farm here a few years ago. The six walks described in my book Walking in Andalucia take in a string of pretty villages which, until just 50 years ago, were connected to one another by an elaborate network of drovers' paths.

There are few areas which offer more attractive walking than the Aracena Park

Most walks follow these century-old thorough fares, which fan out from thoroughthe villages by way of cultivated huertas where small groves of citrus alternate with carefully tended vegetable plots. In many ces the original cob bling remains intact and there are long sections of path which run between old stone walls. covered in mosses and lichens. Although the scenerv here

is less wild or rugged than in other Andalucian moun



SNEAK PEAK: Looking over a wall at Galaroza

tain ranges – you're al-ways aware that the hand man has been instrumental in fashioning the landscape - there are few areas which offer more attractive walking than the Aracena Park. Both long and short-distance paths have recently been wavmarked and the region is bound to attract a growing number of visitors.

For the time being though, there are few walkers, gradients are for the most part gentle and the itineraries l've chosen are gen erally easy to follow. Here is one of my favourites:



12.5 kms

35/4 hours

Easy/Medium

IGN 1:50000 Aracena (917/10-37)

Bars and restaurants in Castaño de

well as visual feast. It would

be tempting to linger along

the way and perhaps to picnic

in the shade of an oak some-

where beyond the Capilla de

Cristo, From the high path you

follow back towards Galaroza

you're treated to wonderful

views west towards Portugal.

Put time aside to explore

both villages which have ex-

cellent bars, restaurants and

some good lodgings, too (see

Where to Eat and Stay on

The walk begins in the main

square of Galaroza. La Plaza de la Constitucion, next to the

fountain. With your back to

from the square past the To-

pages 28-29.

The route

ribio restaurant.

the N-433

Robledo @ 1 hr 15 mins

THE NITTY-GRITTY

Distance: Time required: Rating: Map:

THIS exceptionally pretty circuit leads through oak and chestnut forests from Galaroza to the tiny village of Castaño del Robledo. The Jabugo river valley teems with birdlife and the walk is an aural as



GRANDEUR: The surprisingly large and ornate church in Castano de Robledo

Guv Hunter-Watts praises Aracena and. continuing his series of walks for The Olive Press, describes a delightfully leafy circuit easy for all the family starting at Galaroza

head along the main road towards Aracena, After 80m you reach a sign marking the beginning of the path La Ribera de Jabugo - the Jabugo river valley walk.

Turn right here and drop down a narrow path. It soon becomes cobbled, bears left and just 80m from the road reaches a junction. Here cut right

The narrow path runs between two walls, crosses a water channel then reaches another junction by an open tract of ground. (10 mins)

Bear sharply left and descend. You shortly cross the Murtigas stream via a small stone bridge then pass a sign explaining the eco-system of the valley

the town hall turn left, then The path widens to become a bearing left again head away broad, sandy track which cuts through stands of oak, pine and chestnut while beneath Soon you pass a small suyou in the river valley are permarket, descend past Bar thick stands of poplar, ash La Fuente then pass a pretty and willow.

palm-fringed square before The track narrows again to coming to the main road leadbecome a path as it passes ing from Aracena to Portugal, behind a stone hut, running parallel to the River Jabugo's . left hank

Cross the road, turn left in

front of Cafe bar Venezia and Passing a wooden bench the path soon runs past a group of white buildings, Las Casas del Tortero, where it merges with a broader track. (30

mins)

The track runs past a num ber of farm buildings then merges with a broader better-surfaced track. Soon it descends, passes a pylon then crosses a small concrete bridge to the Jabugo's right bank

Beyond the bridge the track bears left. At the next junction, just past an ivycovered building, bear left and after passing an information board (it lists the edible mushrooms that are to be found in the valley - setas comestibles) you cross the river once again.

You soon pass the entrance gates to the farm of El Tortero, continuing along the left bank of the river.

After angling left away from the river on a pretty, narrow path which is cobbled in sections you reach a farm with a water butt on a metal platform Here bear hard left, picking up a broader track which runs past a number of smallholdings. There are cobbled and concreted sections. Passing by a cross you reach the outskirts of the village by a marker post and a newly built picnic area where there is tap water. (1 hr 10 mins)

Here, bearing slightly left then hard right, you follow Calle Soledad round the edge of the village. It soon runs up to meet with the main road next to a bar and a ham shop. If visiting the village centre, head straight across. There are a couple of small bars where you could break for refreshments furning left along the main road you

bus stop then a ham ware-



LANDMARK: The entrance to El Tortero farm, along the route





LEADING THE WAY: A bridge over River Jabugo and (inset) the start of the walk

house and the Senorio de Encinas restaurant. Climbing for another 125m be ready to cut left away from the road along a track which leads in to a picnic area next to a small shrine, La Capilla del Cristo.

Pass the chapel to its right and head up a broad track that climbs up through the forest. Views soon open out towards Jabugo and, beyond, to the mountains of Portugal

The track heads on up through groves of chestnut to reach a junction. Ignore the track which cuts left towards two sets of farm gates: you should bear right, sticking to the main track. You'll occasionally see faint yellow and white P.R. waymark-

ing. The track soon descends narrows down then reaches a junction with a broad track. (1 hr 45 mins)

Here head straight across: you'll see P.R. markings and a sign for Galaroza, After 50m you reach a fork: here bear right.

descent. Shortly you reach a point where the track divides: take the left



Walking in Andalucía, Editio 7 (ISBN 9-788489-954922) by Guy Hunter-Watts is blished by Santana Books (www.santanabooks.com) and ble on Amazon

path and, continuing to descend, reach another junction where it splits three ways.

Take the middle path. Pines give way to oaks and, after passing two new houses and an older one to your right, you pass the farm Finca La Farruca whose shed walls have been adorned with a number of wierd sculptures.

The cobbled track passes a number of small farms running on between stone walls. Soon you cross the Murtigas stream for the second time in the walk via a concrete bridge.

You climb a final steep section of cobbled track which bears right, then left, before running up to meet with the N433. Bear left

and follow the road to the outskirts of the There are a couple village.

turr

of small bars and Just past a small shop which solls tourist which sells touristy a great restaurant paraphernalia right off the N433 at Maricastano to a sign for Consultorio. Follow this street past stop for lunch Bar Avenida then at its far end turn left at

a sign for Centro Po-The path widens and continues its blacion and head up Calle Fernando Marquez Tirado which soon becomes Calle Vitoria

> Following Calle Vitoria to its far end, keeping right at a No Entry sign, you should then cut left down Calle San Sebastian.

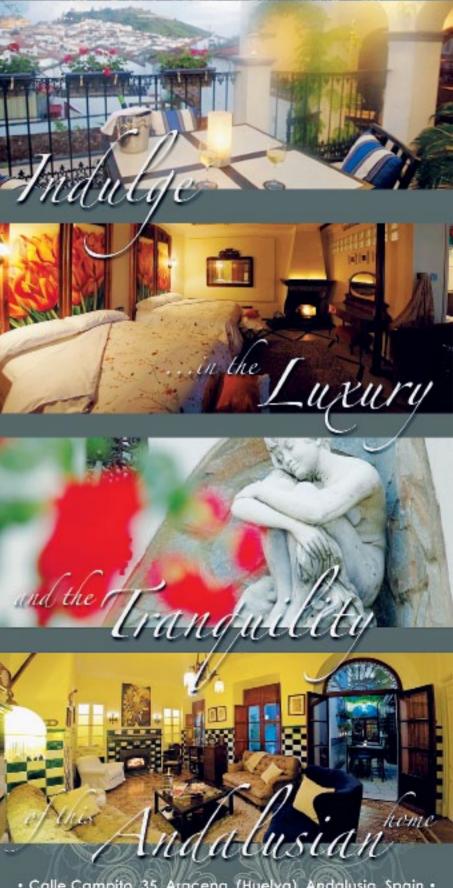
You pass a public phone booth then, sticking to your same course, come to a church and a large square. From here keep on in the same direction passing the Cajasol bank.

After angling left past a large brick building contin-ue along Calle Don Gumersindo Marquez to arrive back to your point of departure. la Plaza de la Con stitucion. (2 hrs 25 mins)

Add 30-45 minutes to all timings if you plan to visit Castano de Robledo

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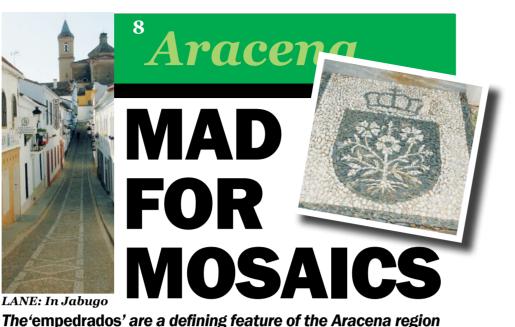






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T is a trait that marks out the Aracena region. Meticulously crafted with rocks and pebbles from the nearby hills, the quaint empedrados, or 'mosaic floors' are a delight for artists and photographers alike Dating back to the 17th

century they are most in evidence in the villages of Galaroza, Valdelarco, Linares de la Sierra and Alajar. The work combines the ef-

forts of miners, labourers and pavers who quarried white limestone from the nearby hills, then chipped it, filed it and surrounded it with mortar to form paving. Often built in front of homes as a kind of threshold, the mosaics marked the transition from public to private space. They also served as a kind of flat, hard walk

way to lead cattle through the house. Historians believe that in the small village of Jabugo, the paved sections were especially useful for bringing horses and donkeys in-side, when they were regularly stolen and

smuggled into nearby Portugal

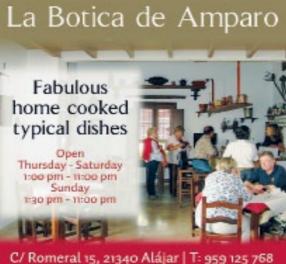
They also served as a kind of flat. hard walkway to lead cattle through the house

To form the more ornate designs, artists combined light-coloured limestone with darker shades to craft attractive mosaics - some-times purely decorative, sometimes displaying the year or a shop name.

The best examples of these can be seen in the tiny village of Linares de la Sierra where there are over 300 designs, some dating back to the late 1800s.

Traditionally these llanos or 'flats' - would form a level square of land which was used to place a chair on which villagers would while away the afternoon chatting to neighbours in the Andalu cian sun.





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"Aracena special

Where to stay

■HEN an LA fashion designer relocates to Andalucia you expect omething special. And Casa Noble does not dis-

appoint. The appropriately named townhouse in the heart of Aracena is a romantic retreat with style very much to the

fore Painstakingly renovated by Melanie Denny, originally from Australia, it has a wonderful balance of colours and fabrics, while also enhancing the very best of the historic building.

The floors, doors and rejas are original and the designer has worked hard to use natural light to create a true sense of space.

The bedrooms are vast, with incredibly good quality ma-tresses and furniture almost all imported from America, while the bathrooms are impeccable. A massive foodie. Melanie

takes great care in ensuring that not only breakfast, but lunch and dinner, in base ment bar Obra, are as good as you would expect to find elsewhere in the region. Another charming townhouse

meaning Golden Oriole - a beautiful 200 year old town-

option is Casa Oropendola

Dreamtime

Aracena counts some of the best quality and most peaceful hotels in southern Spain. reckons Jon Clarke



Marcos is carbon neutral and Aolino Rio Alajar (left) stunning

floors, a wonderful two hecthouse in the tiny village of Susana, this charming home in the whole region. Good value and great for fammaintains all its original fea-tures, including hydraulic tile

ilies, this is a superb base for

DINING CENTRAL

are huerta/garden with its own well and best of all an unusual veranda, one of the nicest architectural features

walking and the town is slowly get ting a name for being something of a foodie retreat, with a good

range of restaurants. Another stunning place to stay is Finca La Fronda, which sits in an impossibly good location at the top of the scenic back road be tween Linares and Alajar.

Run by former oil executive Charles Wordsworth and his son Alex, a dynamo of energy, this is a privileged retreat with perhaps one of the best sited pools in Andalucia. The views stretch for miles and

the rooms are well appointed and nudge towards luxury.

The backdrop is entirely green and the silence here is golden, with little to disrupt the peace.

Down the hill you must look out for the highly original Posada San Marcos

One of Andalucia's only completely carbon neutral places to stay, this is the second hotel of Angel Millan and Lucy Arkwright, who have been hosting travellers and walkers in Alaiar for over a decade.

Carefully renovated using the best quality wool and cork insulation. it also counts underground geother-



mal heating, which is one of the first in Andalucia. "It has certainly cost a fortune, but we hope it will eventually pay back," explains Arkwright, a friendly Bolton lass, who has been described as the 'Gerald Brenan of the 21st century'. With intelligent mattresses that mould to your back and a wonderful garden with a huge pool and trampoline for the children, this is a top option.

Another excellent choice for the active traveller is Molino Rio Alaiar which not only counts a fabulous pool, but one of the only tennis courts in the area, and perhaps one of the most scenic in Europe. Sitting in the heart of a sleepy vallev, near Alaiar, you arrive at the molino down an extremely narrow cobbled track, even driving over a

Few arrivals could be so perfect



produced products





Plaza de San Pedro s/n, Aracena (Huelva) www.restaurantemontecruz.com

By Jon Clarke

Castano de Robledo.

Converted by Dutchwoman

Where to eat

an area best known for its fantastic ham you would expect to find the odd good place to eat.

Well, the truth is, in Aracena natural park it is hard to find a bad place to fill up.

Some of the best spots are in Aracena town, where, according to the Guardian you will find one of the Top 50 best restaurants in the world.

The fabulous spot Restaurante Casas has been catering for tourists since 1947 and is said to be one of the oldest restaurants in Huel va province.

Incredibly, its owner Manuel Romero has been working here since 1964 and he and his family have served the great and good from bullfighters to golfers and actors to royalty.

The Guardian in particular singles out its jamon, but there is a good range of Iberican cuts of pork and an atmosphere conducive to a long lazy lunch.

Over the road is an even more exciting place. Montecruz, which is one of the verv few restaurants in all of

You are spoilt for choice with good places to eat in Aracena



CREATIVE: Maricastana

organic by Spain's equivilent of the soil association CAAE. This wonderful spot is run by the talented livewire Monolo, who is constantly working to find the most exciting ingredients and new dishes to impress his customers.

He changes the menu constantly and prides himself in the quality of his produce, which includes easily the best

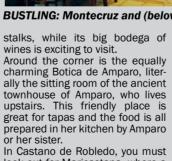
wild 'Boletus' mushrooms I have ever tried.

He has an impressive caza hunting menu, when in season, which includes a carpaccio of mountain goat with foie gras, olive oil and lime and an amazing arroz with game

A short drive out of Aracena leads to the sort of restaurant that any tourist to Andalucia dreams of. Arrieros, in Linares de la Sierra, is an authentic eaterie, where sourcing of ingredients trumps fancy sauces every day of the week.

Set in a charming village house, with classic mosaic floor, ancient fireplace and cork stools, this is one of Andalucia's true dining secrets. Run by Luismi and, at weekend his primary school teacher wife Ad ela, this is a place for romance, but equally to experience the best pork you will eat anywhere in the world. here is pork in all its glorious forms; presa, secretos, pluma, even castanetas, or throat glands, which actually tasted great if a little crunchy. Mains included an amazing pluma Iberica hamburger, which was ten der and served with a slightly spicy

tomato marmalade and some sliced and baked potatoes. Nearby, Alajar has the equally atmospheric El Padrino, little-changed since the 18th century, with some wonderfully earthy and off-beat dishes, such as stuffed chard



In Castano de Robledo, vou must look out for Maricastana, where a charming local couple have turned this ancient townhouse into one of the most stylish dining retreats around.

Declaration

It oozes charm, and even sets out a 'declaration of intentions' promising to 'conquer the stomach', not through over-eating, but through opening the senses and It didn't do badly, with an interesting mix of dishes, well sourced and carefully cooked, in particular with a heavy emphasis on vegetables. Finally over in Almonaster la R

Andalucia certified as being

Aracena special



the Chestertons at Buen Vino. (Bottom) Casa Oropendol

and once in, you will not be whims and issues. walks that go from the door area is second to none.

disappointed, with its sensitively converted cottages nestling seductively into the landscape and its owner Peter Jan sensitive to guests' Keen walker Peter and his wife have spent the last year waymarking up to 10 local and their knowledge of the

Last but not least, a trip to Aracena would not be the

BUSTLING: Montecruz and (below) Monolo and wife at Casas

you will find another highly

rated restaurant. FL Rincon

open for 11 years under the

Again, using some of the best

local produce, it has a huge

es, including the excellent

small slice of jamon Iberico

Best of all there were over 30

different desserts, which Cu

ro's wife makes from fresh

every other day.

on top. A complete winner.

selection of vegetable dish

guise of Curro, no less.

de Curro, which has been stuffed aubergine with broad beans, goats cheese and a



RANGE: From Finca la Fronda to Casa Noble and (inset)

same without a night at the grand family retreat Finca Buen Vino. Set in 100 hectares of breath taking mountain scenery, this beautiful renaissance-style villa counts - without a doubt - one of the finest swimming pools in southern Spain.

Wonderful walks go right from the door to all of the surrounding villages

The family home of the charming Chestertons for three decades, this is a working farm, which has its own ivestock and vegetables.

You are here though for the abulous welcome you get from Sam. Jeannie and their hildren, when in residence, and the rooms are comfort able and full of books.

Vonderful walks go right from the door to the nearby villages of Los Marines, Fueneridos or Linares de la Sierra and there is normally some one able to pick you up if you need a lift home.

Best of all you can stay in and have a wonderful threecourse candlelit dinner served in a wood-panelled dining room - created by ei ther Jeannie or son Charlie, who trained at Ireland's top cookery school, Ballymore.



was appropriately where he Oscar-nominated the Oscar-nominated 1959 blockbuster Journey to the Centre of the Earth was filmed.

Telling the story of an Edinburgh professor who goes deep into a volcano, few places in the world have an atmosphere quite like Aracena's Grutas de las Maravillas.

Also used as the setting for other Hollywood movies including Tarzan, incredibly this marvellous cave complex has now been open for nearly 100 vears

Indeed, the haunting site has been wowing thousands of tourists each year since 1914, when it was first opened.

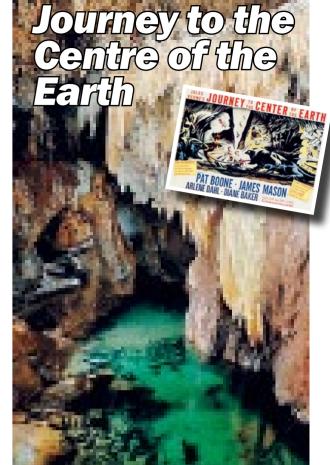
"It has been an incredibly big draw since then," explains local mayor Manuel Guerra. "With everyone from kings to celebrities being regular visitors.

To create this dream-like underworld, nature has worked silently for 550 million years forming 12 chambers and six underground lakes which can be explored through tunnels on a one kilometre route over three levels.

The shapes are formed when carbonate-based rocks come into contact with water and start to dissolve

The resulting rock formations are truly remarkable, with stalactites and stalagmites creating wonderful shapes ranging from the delicate to the spiky - and not to mention the distinctly phallic.

Visitors will marvel at the bulbous shapes in the once-



flooded 'Chickpea Chamber', and the intricate formations n the Chamber of God's Crvs tal, a vault that was formed some 50,000 years ago. Locals referred to the cav

erns as a 'water well covered in snow' due to the white formations - from which the street at the cave entrance takes its name, Calle Pozo de la Nieve.



"The best jamon in the world"

> THE GUARDIAN NEWSPAPER

Open since 1947 serving local authentic dishes One of the first restaurants in Huelva Province



Calle Pozo la Nieve. 39-41 21200 Aracena Huelva Tel: 959 128 044 699 465 075

